



Name: \_\_\_\_\_

## **Thursday** Hot Meals on Wheels Menu for May 2020

*Prepared by Chef Josey Cadieux*

| Number of Meals |  | May 7th   |
|-----------------|--|---|
|                 |  | Cabbage soup, chicken drumsticks, potatoes, mixed veggies.<br>Dessert: Tarts  |
|                 |  | Alternate: Lentil stew  |
|                 |  | <b>Cabbage soup with a bun and a tart*</b>                                    |
|                 |  | No delivery required on this day  |
| Number of Meals |  | May 14th  |
|                 |  | Chicken noodle soup, ham, scalloped potatoes, corn.<br>Dessert: Lemon squares |
|                 |  | Alternate: Lentil stew  |
|                 |  | <b>Chicken noodle soup with a bun and a lemon square*</b>                     |
|                 |  | No delivery required on this day  |
| Number of Meals |  | May 21st  |
|                 |  | Salad, pork chops, potatoes, green beans.<br>Dessert: Danish                  |
|                 |  | Alternate: Lentil stew  |
|                 |  | <b>Cauliflower soup with a bun and a Danish*</b>                              |
|                 |  | No delivery required on this day  |
| Number of Meals |  | May 28th  |
|                 |  | Salad, liver and onions, mashed potatoes, peas.<br>Dessert: Pie               |
|                 |  | Alternate: Lentil stew  |
|                 |  | <b>Broccoli soup with a bun and pie*</b>                                      |
|                 |  | No delivery required on this day  |

**Hot Meals are \$7.00 each    \*Soup meals are \$5.00 each (Special Offer)**

**To place your order contact Joanne Silver at 613-376-6477 x303, [joanne.silver@sfcsc.ca](mailto:joanne.silver@sfcsc.ca)**

MENU WILL BE COLLECTED BY YOUR DRIVER ON NEXT DELIVERY

